#### What is 4-H?

Have you heard of Granville County 4-H? What about NC Cooperative Extension? 4-H provides youth with numerous opportunities to develop valued skills within leadership, citizenship, career and more. 4-H can help your child grow confidence and independence, and provide them with opportunities to travel and have fun! 4-H is the largest youth organization in the nation reaching millions of youth in all areas from rural to urban. 4-H formed its first club over a hundred years ago. The club acted as a way for universities to teach new agricultural practices to children who were open to new ideas and practices, that would in turn teach the adults who were not as readily open to accepting new practices. 4-H is implemented through Cooperative Extension which is operated through the nation's Land-Grant University System in partnership with the federal, state, and local governments. North Carolina Cooperative Extension is the mission of NC State and NC A&T Universities to enrich the lives, land, and economy of North Carolinians.

## Why 4-H?

4-H implements hands-on learning projects that are facilitated within a positive environment that involve topics like health, science, citizenship, agriculture, and more. The result of this program is that youth will have the opportunity to further develop skills in leadership and citizenship, and other important life skills such as goal setting and problem solving. According to research from the National 4-H program, 4-Hers are more likely to give back to their communities, make healthier choices, and participate in STEM (science, technology, engineering, and math) activities.

## Who is 4-H for?

Granville County 4-H serves youth ages 5-18, and there is something for every interest. Whether your child is interested in arts, animals, or airplanes, we have a way to meet your child's needs. 4-H clubs and other activities are implemented by not only the county 4-H Agent, but by screened and trained adult volunteers who develop youth/adult partnerships with participants within the program. Through these partnerships, youth and adults plan, work, learn, and lead together.

#### How much does it cost to be a 4-H member?

4-H membership is free to join and open to youth ages 5 to 18. Some activities such as summer camps or weekend retreats may require a registration fee, but we work to keep fees minimal. Thanks to Granville County United Way Foundation, we are able to provide youth with opportunities at minimal or no cost to help families with the financial burden of events.

## What does Granville County 4-H offer youth?

Granville County 4-H offers a variety of opportunities for youth to participate in. Some of these opportunities include clubs, summer camps, special interest programs, school

enrichment and more. There are currently several community clubs that meet on a regular basis. The clubs explore interests ranging from animals to electricity to community service. You can even start your own club if you have 5 youth from at least 3 different families and a willing adult volunteer. We also offer an exciting Summer Fun Program which is a great way to participate in a variety of 4-H activities that are fun and educational. Other ways to get involved with 4-H include participating in Presentations, Projects, Horse Bowl & Hippology competitions, Electric Congress, NC State Fair, 4-H Summer Camp, and many more. A great thing about 4-H is that a child can be involved as much or as little as desired. Although with most things in life, the more you put in, the more you get out of it.

# How can adults participate in 4-H?

Adult volunteers are what make a successful 4-H program possible. Adults can serve as 4-H volunteers through various opportunities. Some examples in how an adult can contribute are: organizing events, teaching a subject matter of expertise, leading or co-leading a club, judging county presentations, leading in fundraising events, working 4-H booths, 4-H camping chaperone, marketing 4-H events, and more. If you would like more information on how to become a volunteer, please contact the 4-H Agent.

## How can I stay up to date on what's happening?

The best way to stay in the loop is to join our email list, check our website regularly, and to follow our Granville County 4-H Facebook page. Contact edrober2@ncsu.edu to join our email newsletter. Call us at (919) 603-1350, visit our website:

https://granville.ces.ncsu.edu/categories/4-h-youth-development/, or visit our Facebook page: Granville County 4-H.