Ice-Cream Anagrams

July is National Ice Cream Month! Solve the anagrams below to find a list of some tasty ice-cream toppings! (Hint: the anagram may be composed of the same number of the words as the topping, or it may be different. For example, the anagram for the word "almonds" may be "Man Sold").

Complete the puzzle & turn it in to the Cooperative Extension Center by August 1, 2009. Completed & accurate puzzles will be entered into a drawing to win a 4-H prize!

Ed Fought: ________________________
Lace Ram: ________________________
Brass Rewrite: ____________________
Each Dew Primp: __________________
Best Torch Cut: ___________________
Press Link: _______________________
Tea Spun: ________________
Cry Her: ________________________

Bonus Question: Can you name the NC 4-H Centennial Ice Cream Flavor?

Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Paul Westfall, County Extension Director, at 919.603.1350, or paul_westfall@ncsu.edu, or fax 919.603.0268, or in person at the County Extension Office at least 7 days prior to the event.

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, religion, creed, national origin, sex, age, disability, or veteran’s status. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.
Upcoming Events

Technology Day Camp: There are still spaces available for this week-long day camp. Join other Granville County Teens for a week of “Learning by Doing.” This camp is facilitated by the staff and graduates of NC Connected Inc. Though challenging at times, this camp is a LOT of fun. To see pictures of other young people across the state enjoying classes presented by NC Connected, please visit their website at http://www.ncconnected.org/

4-H Electric Congress: 4-H Electric Congress is a three day event open to teen participants of 4-H Electric Projects. This is an all expense paid trip, including youth from all over the State. While at 4-H Electric Congress, youth attend workshops to engage in challenging projects related to electricity and technology. If you would like to learn more about 4-H Electric projects with the hope of attending Electric Congress in the future, please contact me. There is time for you to be working towards next year’s event! In the meantime, please join me in congratulating our delegates for 2009: Paul Barker, Daniel Barker, Vicky Hamrick, Melissa Wheless, and Tiara Raines. Have a great time, guys!

State 4-H Congress and 4-H Centennial Celebration: This is actually two events combined into one! State 4-H Congress is a week long event that takes place on the campus of NC State University in Raleigh. For 5 days, 4-H’ers from all over the State move in to the dorms and get a taste of college life! We spend our days in highly interactive workshops, or community service activities. The nights include the 4-H Fashion Revue, the 4-H Performing Arts troupe, and a dance. This year, one of our evening events will be the 4-H Centennial Celebration. Please look for pictures from Congress in future newsletters. For information about how you can participate in 4-H Congress, please contact the 4-H office!

4-H Citizenship Focus, North Carolina
Mollie and LoriAnne Melton represented Granville County at this years event. They spent three days in Raleigh, met with legislators who represent Granville County, and developed a plan for actions they can take to better their community. In the coming months, look for information about how you can support their efforts, and our community!

Teen Leader Training
Teen leaders spent the day preparing for our summer activities. They learned new songs, and brushed up on First Aid and other safety information. With their energy and creativity, we know the rest of the summer will be a blast! Please look for pictures of our Granville County 4-H Teen Leaders in our coming segments. And, when you see them, please be sure to thank them for their contributions!

Oxford Housing Authority Day Camp
This years camp theme was Frontier Living. We made butter, pancakes, pottery, and pumpkin pie in a bag! We visited the Historic Stagville Plantation, and experienced the challenges of living without our modern conveniences. (Like the grocery store down the street, or the internet!) We celebrated the end of our week with a skating trip and presentation of awards. I can’t wait to see what we’ll do next year!

4-H Eastern Camping Center
Pheew! I’ve got just enough room to tell you that as you’re reading, we’re enjoying a week at camp! I’m most looking forward to canoeing and kayaking during the day, and spending the evening at activities like International Night and the Talent Show with all of our 4-H’ers! Until August...

Survivor Kerr Lake
What a way to spend a week! We worked with the Kerr Lake State park Rangers and learned about water safety, boating safety, camping safety, and poisonous plants and insects. We put our “hands to service” and helped the park rangers prepare a new garden bed for fall planting, and we capped off the week with a hike! Congratulations to all participating tribes.

4-H Family Night - Fun with Veggies
Thank you to Ms. Joan Reid, Family & Consumer Science Agent from Granville County Cooperative Extension. On family night, we made some very tasty veggie selections including veggie quesadillas, veggie stirfry, and a cold vegetable plate with dip. We discussed the importance of vegetables in our diet, and all left with new recipes! A good time was had by all!

North Central District Activity Day
Granville County 4-H was well represented at this year’s District Activity Day. Some of the categories were especially challenging, and I’m so pleased with all of our presenters. Please see below for individual results. Representing Granville County 4-H in Entertainers, Erin and Mollie played the piano. They both performed very well, and Erin had the honor of repeating her performance during the awards ceremony later that afternoon!

Activity Day Results

<table>
<thead>
<tr>
<th>Category</th>
<th>Granville County 4-H</th>
</tr>
</thead>
<tbody>
<tr>
<td>Open Class</td>
<td>14 – 19: Mollie Melton – Silver</td>
</tr>
<tr>
<td>Health &amp; Fitness</td>
<td>14 – 19: Samantha Potter – Participation</td>
</tr>
<tr>
<td>Expressive Arts &amp; Communication</td>
<td>9 – 10: Rebecca Melton - Gold</td>
</tr>
<tr>
<td>Safety</td>
<td>11 – 13: Hannah Melton – Gold</td>
</tr>
<tr>
<td>Science &amp; Technology</td>
<td>14 – 19: Daniel Barker - Silver, Stephenson Smith - Bronze</td>
</tr>
</tbody>
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Summer is a Great Time for a Good Book! One of my favorite ways to spend a quiet summer evening is with a good book! From my own front porch, I can solve a mystery, visit another country, and learn more about the people who have made our Communities, Countries, and World what it is today. Have you read any good books lately? Send me a list of the books you have read, and a brief synopsis of your favorites! You may see your book list printed here, and if so, there may be a 4-H prize in it for you!