Theme: “Farming Is...”

**Poster Contest (Ages 5 - 8)**

- The contest is required of all Cloverbuds showcasing in the Four County 4-H Junior Livestock Show and Sale.
- Participants must be between the ages of 5 - 8 as of January 1 of current year.
- The poster should be on poster board or other sturdy paper no smaller than 11 x 14-inches and no larger than a standard 22 x 28 inch poster board. Printing and art should be in marker, poster paints, crayons or some other material that is bright and easy to read (not pencil).
- A 4-H clover symbol must be somewhere on the poster.
- The poster will be the original work of the participant. The poster must be drawn/painted/sketched by the participant only.
- Only one entry per participant.
- Place name, age, county and 4-H on back upper left hand corner.
- The theme is “Farming Is....”
- A 4-H Blue Ribbon and gift will be awarded to each Cloverbud participant.
- **All entries are due April 9, 2010 to your local county Extension office by 5:00 p.m. (No EXCEPTIONS)**
- Use of any materials protected by copyright will result in disqualification.

If you have read all these rules, read them again. Use the checklist below.

___ My poster is on the topic.
___ I have used the correct poster size.
___ I have included a 4-H symbol.
___ The poster is your original work.
___ I have included my name, age, county and 4-H Club on back upper left hand corner.

**Note:** For assistance, please ask your 4-H Volunteer Leader, Extension Agent and/or parents. Website resources are included.
Junior Essay Contest (Ages 9 – 13)

- The contest is required of all junior 4-H’ers showcasing in the Four County 4-H Junior Livestock Show and Sale.
- Participant must be between the ages of 9 – 13 as of January 1 of the current year.
- The essay must be double-spaced typed in “Times” font or similar type on one side of white paper and secured in a three-ring folder.
- Include resources and/or references.
- Length- the essay paper: 500 to 750 words.
- Write on the Theme Topic: “Farming is...”
- Only one entry per participant.
- Include a cover sheet with Name, age, county, years in 4-H and Theme.
- A participation ribbon will be awarded to each participant.
- Prizes will be awarded as follows
  1st place: $25.00, ribbon
  2nd place: $15.00, ribbon
  3rd place: $10.00, ribbon

- All entries are due April 9, 2010 to your local county Extension office by 5:00 p.m. (NO EXCEPTIONS)

Essays are to include introduction, body and summary.

Essays will be judged on:
- Scope of research (40%)
- Accuracy (30%)
- Creativity (10%)
- Conciseness (10%)
- Logical development for the topic (10%)

If you have read all these rules, read them again. After you have written your essay, read them once more just before turning in the essay. Use the checklist below.

___ My essay is on the topic.
___ Resources is included.
___ My essay is 500 - 750 words.
___ I have included a cover sheet with Name, age, county, years as a 4-H'er or FFA and the Theme in a secured three ring binder.

Note: For assistance, please ask your 4-H Volunteer Leader, Extension Agent and/or parents. Website resources are included.
Senior Essay and Career Exploration (Ages 14 – 18)

- The contest is required of all junior 4-H’ers showcasing in the Four County 4-H Junior Livestock Show and Sale.
- Participant must be between the ages of 14 - 18 as of January 1 of the current year.
- The essay must be double-spaced typed in “Times” font or similar type on one side of white paper and secured in a three-ring folder.
- Length- the essay paper: 750 to 1,000 words.
- Include sources and/or references.
- Write on the Theme Topic: “Farming is…”
- Include a separate description of Career Exploration (interview, job shadow, research, etc.)
- Only one entry per participant.
- Include a cover sheet with Name, age, county, years as a 4-H or FFA and Theme.
- A participation ribbon will be awarded to each participant.
- Prizes will be awarded as follows
  - 1st place: $25.00, ribbon
  - 2nd place: $15.00, ribbon
  - 3rd place: $10.00, ribbon
- All entries are due April 9, 2010 to your local county Extension office by 5:00 p.m. (NO EXCEPTIONS)

**Essays are to include introduction, body and summary.**

**Essays will be judged on:**

- Scope of research (40%)
- Accuracy (30%)
- Creativity (10%)
- Conciseness (10%)
- Logical development for the topic (10%)

If you have read all these rules, read them again. After you have written your essay, read them once more just before turning in the essay. Use the checklist below.

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- My essay is on the topic.
- Resources is included.
- My essay is 750 – 1000 words.
- A description of my career exploration is included.
- I have included a cover sheet with Name, age, county, years as a 4-H'er or FFA and the Theme in a secured three ring binder.

**Note:** For assistance, please ask your 4-H Volunteer Leader, Extension Agent and/or parents. Website resources are included.
Promotion of Careers & Entrepreneurship

Resources

North Carolina Career Outlook: http://www.nccareeroutlook.com

What Do You Like: http://www.bls.gov/k12/
This site is designed for youth in grades 4th – 8th and provides introductory career information.

Career Aisle (Grades K-5):
http://knowitall.scetv.org/careeraisle/students/elementary/index.cfm
This site contains videos and games that will help youth explore a variety of career options.

Career Aisle (Grades 6 – 8):
http://knowitall.scetv.org/careeraisle/students/elementary/index.cfm
This site contains videos and games that will help youth explore a variety of career options.

Occupational Outlook Handbook
This site is more appropriate for older 4-H'ers and FFA and includes a variety of career options.